



CHAMPIONS COUNSELING  
CENTER

**Minor Intake Form**

Client Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

**PRESENTING PROBLEMS AND CONCERNS**

1) Describe the problems that brought you here today:

2) Please check all your child's behaviors and symptoms that you consider problematic:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Distractibility       | <input type="checkbox"/> Change in appetite             | <input type="checkbox"/> Visual hallucinations  |
| <input type="checkbox"/> Manipulative behavior | <input type="checkbox"/> Hyperactivity                  | <input type="checkbox"/> Withdrawal from people |
| <input type="checkbox"/> Defiance              | <input type="checkbox"/> No/few friends                 | <input type="checkbox"/> Impulsivity            |
| <input type="checkbox"/> Anxiety/Worry         | <input type="checkbox"/> Aggression/fights              | <input type="checkbox"/> Eating problems        |
| <input type="checkbox"/> Boredom               | <input type="checkbox"/> Panic attacks                  | <input type="checkbox"/> Homicidal thoughts     |
| <input type="checkbox"/> Sleep problems        | <input type="checkbox"/> Poor memory/confusion          | <input type="checkbox"/> Fear away from home    |
| <input type="checkbox"/> Frequent arguments    | <input type="checkbox"/> Nightmares                     | <input type="checkbox"/> Sadness/depression     |
| <input type="checkbox"/> Social discomfort     | <input type="checkbox"/> Irritability/anger             | <input type="checkbox"/> Toileting problems     |
| <input type="checkbox"/> Hopelessness          | <input type="checkbox"/> Phobias                        | <input type="checkbox"/> Peer/sibling conflict  |
| <input type="checkbox"/> Fire setting          | <input type="checkbox"/> Thoughts of death              | <input type="checkbox"/> Obsessive thoughts     |
| <input type="checkbox"/> Stealing              | <input type="checkbox"/> School problems                | <input type="checkbox"/> Self-harm behaviors    |
| <input type="checkbox"/> Compulsive behaviors  | <input type="checkbox"/> Destroys property              | <input type="checkbox"/> Legal problems         |
| <input type="checkbox"/> Crying spells         | <input type="checkbox"/> Racing thoughts                | <input type="checkbox"/> Running away           |
| <input type="checkbox"/> Sexual behavior       | <input type="checkbox"/> Loneliness                     | <input type="checkbox"/> Wide mood swings       |
| <input type="checkbox"/> Swearing              | <input type="checkbox"/> Computer/video addiction       | <input type="checkbox"/> Low self-worth         |
| <input type="checkbox"/> Suspicion/paranoia    | <input type="checkbox"/> Curfew violations              | <input type="checkbox"/> Alcohol/drug use       |
| <input type="checkbox"/> Fatigue               | <input type="checkbox"/> Hearing voices                 | <input type="checkbox"/> Lying                  |
| <input type="checkbox"/> Lack of motivation    | <input type="checkbox"/> Recurring, disturbing memories |   |
| <input type="checkbox"/> Other:                |   |   |



CHAMPIONS COUNSELING  
CENTER

3) Are your child's problems affecting any of the following?

- |  |                                      |  |
|--|--------------------------------------|--|
| <input type="checkbox"/> Handling everyday tasks | <input type="checkbox"/> Self-esteem | <input type="checkbox"/> Relationships           |
| <input type="checkbox"/> Hygiene                 | <input type="checkbox"/> Health      | <input type="checkbox"/> Recreational activities |
| <input type="checkbox"/> School work             | <input type="checkbox"/> Housing     | <input type="checkbox"/> Legal matters           |
| <input type="checkbox"/> Finances                |                                      |  |

4) Has your child ever had thoughts, made statements, or attempted to hurt him/herself?

Yes  No If yes, please describe:

5) Has your child ever had thoughts, made statements, or attempted to hurt someone else?

Yes  No If yes, please describe:

6) Has your child been physically hurt or threatened by someone else?  Yes  No

If yes, please describe:

7) If the answer to questions 1) through 3) is, "Yes", is there a safety plan in place?

Please Describe:

8) In the past or present, has there been any CPS involvement in your family?  Yes  No

If yes, please explain, and provide information about your CPS caseworker, including name, phone number and case number:

Case Number:

Caseworker Name:

Ph:

9) Other information you would like your child's therapist to know:



**CHAMPIONS COUNSELING**  
 CENTER

**FAMILY AND DEVELOPMENTAL HISTORY**

Relationship	Name	Lives with child?	Age	Quality of Relationship
Mother				
Father				
Stepmother				
Stepfather				
Siblings				
Other Relatives				

**MENTAL HEALTH FAMILY HISTORY**

Family Mental Health Problems	Who?
Hyperactivity/ ADHD Diagnosis	
Sexually Abused	
Depression	
Bipolar	
Suicide	
Anxiety	
Panic Attacks	
Obsessive-Compulsive	
Anger/Abusive	
Schizophrenia	
Eating Disorder	
Alcohol Abuse	
Drug Abuse	
Other:	
Other:	
Other:	
Other:	

- 10) Are parents legally married or living together?  Yes  No
- 11) Are parents temporarily separated?  Yes  No
- 12) Are parents divorced or permanently separated?  Yes  No
- a) If yes, who is the managing conservator?  Mom  Dad
- b) Mother remarried?  Yes  No      If yes, number of times? \_\_\_\_
- c) Father remarried?  Yes  No      If yes, number of times? \_\_\_\_



CHAMPIONS COUNSELING  
C E N T E R

13) Please check if your child has experienced any of the following types of trauma or loss:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Emotional abuse        | <input type="checkbox"/> Neglect                              | <input type="checkbox"/> Lived in a foster home |
| <input type="checkbox"/> Sexual abuse           | <input type="checkbox"/> Violence in the home                 | <input type="checkbox"/> Multiple family moves  |
| <input type="checkbox"/> Physical abuse         | <input type="checkbox"/> Crime victim                         | <input type="checkbox"/> Homelessness           |
| <input type="checkbox"/> Parent substance abuse | <input type="checkbox"/> Parent illness                       | <input type="checkbox"/> Sibling illness        |
| <input type="checkbox"/> Loss of a loved one    | <input type="checkbox"/> Teen pregnancy                       | <input type="checkbox"/> Adoption               |
| <input type="checkbox"/> Financial problems     | <input type="checkbox"/> Parent deployed for military service |   |

14) Any medical problems during the pregnancy or birth of your child?  Yes  No

If yes, please describe:

15) During pregnancy, did the child's mother use any tobacco, medication, street drugs or alcohol while pregnant with this child?  Yes  No

If yes, please describe substances used, quantity, and frequency:

16) Was the mother under stress during pregnancy?  Yes  No

If yes, please describe:

17) Did your child have any developmental delays in early childhood (crawling, walking, talking, toilet training, etc.)?  Yes  No

If yes, please describe:



CHAMPIONS COUNSELING  
C E N T E R

**PREVIOUS MENTAL HEALTH TREATMENT**

Type of Treatment	When Mo./Year	Provider Program	Reason for Treatment
Counseling			
Medication (mental health)			
Psychiatric Hospitalization			
Drug/Alcohol Treatment			
Self-Help/Support Groups			
Other:			

**SCHOOL INFORMATION**

- 18) Name of School: \_\_\_\_\_ Current grade/placement: \_\_\_\_\_
- a) This year’s grades:            Excellent    Good        Fair        Poor
- b) Past school grades:            Excellent    Good        Fair        Poor
- c) This year’s school behavior:    Excellent    Good        Fair        Poor
- d) Past school behavior:            Excellent    Good        Fair        Poor

19) Has your child had any of the following difficulties at school?

- Suspension                            Incomplete homework            Learning problems
- Referrals or detention            Poor grades                            Teased or picked on
- Speech problems                    Attendance problems            Problems with teacher
- Gang influence                    Other:

a) If any items were checked above, please describe what steps were taken to rectify the problem:

20) Does your child have a before or after school provider?    Yes    No  
If so, who cares for your child?

21) Has your child ever skipped or repeated a grade?    Yes    No  
If yes, which grade(s)?



CHAMPIONS COUNSELING  
C E N T E R

22) Has your child ever received Special Education Services?  Yes  No  
If yes, please describe services received and reason for services:

23) What does your child’s teacher(s) say about him/her?

**MEDICAL INFORMATION**

24) Pediatrician: \_\_\_\_\_ Phone: \_\_\_\_\_

25) Date of last physical exam: \_\_\_\_\_

26) Has your child experienced any of the following medical conditions during his/her lifetime?

- Allergies       Asthma       Headaches       Stomach aches
- Chronic pain     Surgery       Serious accident     Head injury
- Meningitis       Vision problems  Seizures       Dizziness/fainting
- High fevers       Diabetes       Ear infections       Hearing problems
- Genetic disorder  Sleep disorder     Other: \_\_\_\_\_

27) Please list any CURRENT health concerns:

28) Is your child currently taking any prescription medications:  Yes  No

Medication	Dosage	Date prescribed	Prescribed by

29) Current over-the-counter medications (including vitamins, herbal remedies, etc.):



30) Allergies and/or adverse reactions to medications:  Yes  No If yes, please list:

**INTERPERSONAL/SOCIAL/CULTURAL INFORMATION**

31) Please describe your child's social support network (check all that apply):

- |                                     |  |   |
|-------------------------------------|--|---|
| <input type="checkbox"/> Family     | <input type="checkbox"/> Neighbors               | <input type="checkbox"/> Friends                |
| <input type="checkbox"/> Teachers   | <input type="checkbox"/> School Staff            | <input type="checkbox"/> Community Group        |
| <input type="checkbox"/> Classmates | <input type="checkbox"/> Support/Self-Help Group | <input type="checkbox"/> Church/Religious Group |

32) To which cultural or ethnic group does your child belong?

33) Is your child experiencing any difficulties due to cultural or ethnic issues?  Yes  No  
If yes, please describe:

34) How important are spiritual matters to your child?

- Not at all       A little bit       Somewhat       Very much

35) Would you like spiritual/religious beliefs incorporated into your child's counseling?

- Yes  No

36) Please describe your child's strengths, skills, and talents:

37) Please describe any special areas of interest or hobbies your child has:



CHAMPIONS COUNSELING  
C E N T E R

38) Does your child participate in extracurricular activities, groups, or team sports?  
 Yes  No If yes, please list:

41) How many times per week does your whole family eat a meal together?

0 1 2 3 4 5 6 7 8 or more

42) How many hours per week does your child spend on a screen?  
(include computer, tablet, gaming, smart phone)

0-3 4-7 8-10 11-15 15 or more

43) What are some things you enjoy doing as a family?

44) Is there anything else you would like your child's therapist to know about your child?

45) What are you hoping your child gains from therapy?

46) Are you interested in receiving?

- Individual Counseling       Couples Counseling       Family Counseling  
 Parenting Classes       Parental Support  
 Other:

47) Who may we thank for this referral?

\_\_\_\_\_  
Name of person completing form

\_\_\_\_\_  
Relationship to client

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date